

PAIN MANAGEMENT



Central Booking

Ph 780.450.1500 Toll Free 1.800.355.1755 Fax 780.450.9551

Request an appointment online at mic.ca

CONSUMER CHOICE AWARD 2022 NORTHERN ALBERTA
11 YEAR

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Name:			 Appointment Details 			
Address:					Date:	
Phone Res:		Other:			Time:	
Date of Birth:	mm/dd/yyyy	Age:	O Male	O Female	Clinic Location:	
PHN: WCB (Y/N)Other:			Refer to Preparation Instructions on Reverse			
	*ALL EXAMINATIONS	* Please bring your	Health Care	card and anothe	er piece of identification with this form.	

Locations – Hours of operation vary by examination ① Extended Hours available for X-ray

Edmonton () Century Park 201-2377 111 ST NW **Gateway Clinic** 107-6925 Gateway Blvd NW Hys Medical Centre 202-11010 101 ST NW

(1) Tawa Centre 200-3017 66 ST NW Terra Losa 9566 170 ST NW

() Windermere 201-6103 Currents DRNW

Sherwood Park 109-501 Bethel DR

St. Albert 102-200 Boudreau RD

Significant Clinical History Date of L.M.P: _____ Pregnant: O Yes O No Patient's Signature:

Referring Practitioner O Standing Order

Practitioner's Initials _

Extremity Interventions

Hip and Pelvis

May require further imaging and/or consultation which will be arranged on your behalf. The treatment may be altered accordingly by the treating physician(s).

Him Inint			
Hip Joint	0	0	
Greater Trochanteric Bursa	0	0	
Iliopsoas Bursa	0	0	
Ischial Bursa	0	0	
Piriformis	0	0	
SI Joint	0	0	
Symphysis Pubis)	
Knee	R	L)—
Knee Joint	0	0	
Baker's Cyst	0	0	
IT Band	0	0	
Pes Anserine Bursa	0	0	4
Ankle and Foot	R	L	
Alikie alia 100t	K	_	
Tibiotalar Joint		0	
	0	_	
Tibiotalar Joint	0	0	
Tibiotalar Joint Subtalar Joint	0 0	0	
Tibiotalar Joint Subtalar Joint Calcaneocuboid Joint	0 0 0	0 0 0	111
Tibiotalar Joint Subtalar Joint Calcaneocuboid Joint Talonavicular Joint	0 0 0 0	0000	
Tibiotalar Joint Subtalar Joint Calcaneocuboid Joint Talonavicular Joint TMT/ MTP: 1 2 3 4 5 (Circle)	0 0 0 0	0 0 0 0	1111
Tibiotalar Joint Subtalar Joint Calcaneocuboid Joint Talonavicular Joint TMT/ MTP: 1 2 3 4 5 (Circle) Morton's Neuroma	0 0 0 0 0 0 0	00000000	
Tibiotalar Joint Subtalar Joint Calcaneocuboid Joint Talonavicular Joint TMT/ MTP: 1 2 3 4 5 (Circle) Morton's Neuroma Plantar Fascia	0 0 0 0 0 0	00000000	
Tibiotalar Joint Subtalar Joint Calcaneocuboid Joint Talonavicular Joint TMT/ MTP: 1 2 3 4 5 (Circle) Morton's Neuroma Plantar Fascia Achilles Tendon (see reverse)	0 0 0 0 0 0 0	00000000	

Select Injection Type: Corticosteroid injection performed unless otherwise indicated

- Viscosupplementation (Hyaluronic Acid) available from MIC at cost
- Platelet-Rich Plasma (PRP) fee for service

Signature:

Shoulder	R	L
Glenohumeral Joint	0	0
Subacromial Bursa	0	0
AC Joint	0	0
Biceps Tendon (long head)	0	0
Calcific Tendinosis (barbotage)	0	0
Arthrodilatation (frozen shoulder)	0	0
Sternoclavicular Joint	0	0
Elbow	R	L
Elbow Joint	0	0
Olecranon Bursa	0	0
Medial Epicondyle	0	0

Wrist and Hand	R	L
Radiocarpal Joint	0	0
1st CMC/ MCP: 1 2 3 4 5 (Circle))0	0
PIP/DIP: 1 2 3 4 5 (Circle)	0	0
Trigger Finger: 1 2 3 4 5 (Circle)	0	0
De Quervain's tenosynovitis	0	0

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Lateral Epicondyle

Ganglion Cyst

Carpal Tunnel 00 STT/Triscaphe Injection 00 Other R L 00 Ganglion

Barbotage (calcific tendinosis) 00 Peripheral Nerve 00 0 0 Tenotomy Tendon Sheath 0 0 (Please Specify)

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Snina	ntarvantianc
Julie	Interventions

May require further imaging and/or consultation which will be arranged on your behalf. The treatment may be altered accordingly by the treating physician(s).

Specify procedure and then check appropriate level below.

Mechanical/Focal Pain

- O Facet(s)
- O MBB (diagnostic test only)
- O RFA (Neurotomy or Rhizotomy)
 *will undergo MBB first

Radicular	Pathway
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O Nerve Root Block (TFESI - Transforminal Epidural Steroid Injection)

O C2/3 O O C3/4 O O C4/5 O O C5/6 O O C6/7 O C7/T1 O		000000	C2 C3 C4 C5 C6 C7 C8	0000000
O T1/2 O O T2/3 O O T3/4 O O T4/5 O O T5/6 O O T6/7 O O T7/8 O O T8/9 O O T9/10 O O T10/11 O O T11/12 O O T12/L1 O		00000000000	T1 T2 T3 T4 T5 T6 T7 T8 T9 T10 T11 T12	0000000000000000000
O L1/2 O C L2/3 O C L3/4 O C L4/5 O C L5/S1 O		00000	L1 L2 L3 L4 L5	0 0 0 0
SI Joint O R O L	(8 8)	0	S1 S2	0

(ganglion impar) OROL O R O L Lumbosacral pseudoarticulation

OROL Synovial Cyst Rupture

OROL Pudendal Nerve Block

O Coccydynia



Date: ___

Practitioner's Stamp





Official Diagnostic Imaging Provider for:



O Interlaminar

epidural

epidural

O Caudal

Piriformis



EXAM PREPARATION



Request an appointment online at mic.ca

ALL EXAMINATIONS Please bring your Health Care card and another piece of identification with this form.

If you have any questions about your exam, exam preparation, or need to change, or cancel your appointment, please contact Central Booking.

Patients who miss their appointment and fail to cancel 24 hours prior to their exam may be charged a \$25.00 fee.

*For all examinations (except ultrasound): If there is any chance of pregnancy, the exam should be postponed until the start of menses or within the 10 days thereafter.

Pain Management

- O Please arrive 15-20 minutes prior to your appointment time.
- O Reduce any pain medication the day of your appointment. You should be in enough discomfort (but not extreme) so you are able to determine if the pain has been relieved immediately following your injection.
- O If you are on blood thinner medications, you may need to discontinue them prior to your appointment. Please inform us of any blood thinning medication you are taking when booking your appointment.
- O Take all other medications, as prescribed by your practitioner. Bring a list of the medications you are taking.
- O Bring a list of medications you are allergic to.
- O You cannot have an active infection or be on treatment for an active infection on the day of your exam.
- O MIC provides cortisone at no charge to patients. Viscosupplementation is available from MIC at cost. Platelet-Rich Plasma has a fee for service.
- O If applicable, bring any joint medication (e.g. Synvisc, Cingal, etc.) you have purchased for this procedure. These products are not supplied by MIC.
- O Once the procedure is completed, a technologist will ask that you wait for 20 minutes so we can re-evaluate your pain level before you leave.

O A driver is required for the following:

- 1. When you are having a Nerve Root Block, Epidural Injection, MBB or RFA.
- 2. When you are having more than one site injected on the same day.
- O Serious complications are very rare, but can happen. It is normal to have some increased pain the day of or the day after your injection. However, if the pain worsens day after day, or you experience fever/chills or any other signs of infection, or develop new numbness in your limbs the day after your injection, contact your practitioner immediately.
- O Please do not bring children who require supervision, as we are unable to look after them.

Patients having **ACHILLES PROCEDURE**:

- 1. You will need to be non-weight bearing after the procedure.
- 2. You will require a walking boot for 2 weeks after the procedure. Patient to bring a walking boot to their appointment.

Locations – Hours of operation vary by examination © Extended Hours available for X-ray

Edmonton

© Century Park 201-2377 111 ST NW Fax: 780.461.8524 Gateway Clinic

107-6925 Gateway Blvd NW Fax: 1.866.815.1715 Hys Medical Centre 202-11010 101 ST NW Fax: 780.424.7780

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Windermere
 201-6103 Currents DRNW
 Fax: 1.888.442.2136

Sherwood Park Synergy Wellness Centre 109-501 Bethel DR Fax: 780.392.1268 St. Albert

Summit Centre

102-200 Boudreau RD

Fax: 780.459.2376

Partnered with

